

Job Description

Job Title	Clinical/Counselling Psychologist or psychological therapist
Accountability	Accountable to the Operations Director and responsible to the Psychological Therapies Team Lead
Salary	£37831- £40,872 FTE depending on experience and qualifications
Hours of Employment	14 hours per week
Employment Type	Temporary - fixed term contract
Date	Closing date for applications 29/09/2023

Job Purpose

To work as part of the CEA Team providing evidence-based psychological therapy and to share psychological knowledge and expertise in a range of settings. Our work is primarily aimed at supporting Women, Children and Men affected by and living with Abuse and as such, our work is trauma informed. CEA operates an Integrated 3 Stage Recovery Model and this post holder will work within the Stage II service.

Key Responsibilities

1. To provide specialist psychological input to women, men, and young adults who have experienced or are experiencing abuse to support their recovery.
2. To provide specialist therapeutic intervention to survivors of domestic abuse and to be trained and confident in providing evidence-based psychological therapies. 75% of this role is focused on providing highly specialised therapy to adult clients who have survived domestic abuse.
3. To co-facilitate time limited group work aimed at trauma recovery and anxiety reduction in particular. These will primarily be didactic and psycho-educational in nature.
4. To undertake comprehensive psychological assessments and report both in relation to risk and psychometric measures.
5. To ensure flexibility with clients and their families to develop positive working relations.
6. To manage an appropriate clinical caseload and to take responsibility for cases requiring specialised cognitive-behavioural and other interventions, including cases with complex co-morbidity.
7. To work well autonomously within professional guidelines but also work well as part of a team.
8. To liaise with Social Work, Education, Child Protection, NHS Staff and other agencies to improve outcomes for the clients.
9. To attend Team Meetings.
10. To attend support and supervision meetings with the psychological therapies team leader.
11. Accountable to the Operations Director of CEA., and responsible to the Psychological Therapies Team Lead Psychologist, who will be the line manager.
12. To maintain confidentiality at all times.

- 13. To be familiar with Data Protection regulations and to maintain accurate records of clinical work.
- 14. To contribute to the development of current policies and procedures of the Psychological Services team as deemed appropriate.
- 15. To demonstrate willingness to learn, grow and to help the wider team in our mission to support survivors of domestic abuse. To work well in a team setting.
- 16. When required, to supervise psychology trainees ensuring that their interventions are ethical, legal and effective, and to ensure they are supported in developing professional knowledge and competence by reflecting on their work (desirable).

Person Specification	
Essential	Desirable
<p>Honours Degree in Psychology.</p> <p>Hold one of the following: a) Postgraduate Doctoral Level (or equivalent) degree in Clinical or Counselling Psychology or NMC (honours degree) or AHP (honours degree) or accredited membership of BABCP / BACP /UKCP or b) Graduate basis for chartership (GBC) with BPS and have completed a clinical skills training programme at Masters level (accredited by the BPS).</p> <p>Registered with HCPC or eligible for immediate registration OR accredited membership of BACP/BABCP.</p> <p>Experience in working with Adults and Families.</p> <p>Ability to maintain a high degree of professionalism in the face of a highly emotive issue.</p> <p>Ability to operate effectively within a team based setting at a high level.</p> <p>Experience working with clients with complex presentations.</p> <p>Experience supporting clients who have experienced trauma in their lives and ability to</p>	<p>Training in essential supervision skills.</p> <p>Experience in providing clinical supervision.</p> <p>Some additional training in evidence-based psychological therapy interventions eg TF-CBT, EMDR.</p> <p>Evidence of delivering CPD workshops.</p>

<p>openly reflect on clinical work.</p> <p>Knowledge of developmental psychology, mental health, trauma and of the impact of trauma.</p> <p>Knowledge and experience in providing evidence-based therapy interventions including Cognitive Behavioural Therapy.</p> <p>Knowledge of legislation and its implications for both practice and professional management in relation to its client group.</p> <p>Have knowledge of national and professional guidelines for optimal standards of clinical care e.g. child protection guidelines.</p> <p>Commitment and evidence of engaging in CPD.</p> <p>Ability to contain and work with organisational stress and ability to “hold” stress for others.</p> <p>PVG.</p> <p>Ability to maintain confidentiality at all times.</p>	
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To be noted:

The above included points do not constitute an exhaustive list of duties and responsibilities, and the post holder may be required to undertake other duties which fall within the grade of the job, in discussion with their line manager and psychological therapies team lead.

Job Description Agreement

<p>Job Holder’s Signature</p> <p>Print Name</p> <p>Date</p>
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Operation Director's Signature

Print Name

Date