



FORTH VALLEY 16 DAYS OF ACTIVISM

**AGAINST
GENDER BASED
VIOLENCE**

**PROGRAMME OF EVENTS
2025**

Sign up on Eventbrite



STANDING TOGETHER IN FORTH VALLEY

We join this global movement as a united community. Over these 16 days, people from local communities, organisations, schools, faith groups and workplaces come together with one shared message:

**Everyone deserves to live free from fear, harm, and control.
Gender Based Violence has no place here.**

The 16 Days of Activism link two powerful dates: the International Day for the Elimination of Violence Against Women (25 November) and Human Rights Day (10 December). Reminding us that living free from violence is not a privilege — it's a **human right**.

YOUR ACTION CREATES REAL CHANGE!

Whether you're attending an event, starting a conversation with a friend, encouraging people to attend events with you, or learning more about the issues, your involvement matters. Together we can build communities that are safer, kinder, equal.

**Thank you for standing with us during the
16 Days of Activism.**



Sign up on Eventbrite



ABOUT THE EVENTS

We are encouraging everyone to join in where they can! We try to hold events in different areas to help people have access. **All events are free and we encourage people from all communities to come along wherever they can.**

Further details about the events are on Eventbrite. If you don't see an event listed yet, don't worry, it's on its way. If you can't sign up on Eventbrite, come and join us anyway - we will be happy to welcome you!

WHAT DO WE MEAN BY GENDER BASED VIOLENCE?

Gender-based violence (GBV) includes harms like domestic abuse, sexual abuse and violence, harassment, coercive control, stalking, online abuse, forced marriage and 'honour' based violence.

While anyone can experience GBV, it most often affects women and girls and is rooted in attitudes that allow violence or control to continue. It can happen anywhere: in homes, workplaces, public spaces, or online, and it impacts people of all ages and backgrounds.



Sign up on Eventbrite



Tuesday
25th
November

LAUNCH EVENT AND MARCH

Forth Valley College, Falkirk, FK2 9AD

11:00
to
14:30

Tuesday
25th
November

COMMUNITY EMPOWERMENT TRAINING

Methodist Church, Queen Street, Stirling

17:00
to
19:30

Wednesday
26th
November

SONG WRITING WORKSHOP FOR SURVIVORS

TBC via Eventbrite

10:00
to
13:00

Wednesday
26th
November

CHOCOLATE AND GRACE OPEN DAY

STEP (Stirling Enterprise park), FK7 7RP

10:00
to
16:00

Wednesday
26th
November

TACKLING ECONOMIC ABUSE IN SCOTLAND

Online Event

10:00
to
11:30

Wednesday
26th
November

RECOGNISING AND TALKING ABOUT DOMESTIC ABUSE

Online Event

13:00
to
15:00



Sign up on Eventbrite



Wednesday **THE BIG FEELINGS STORYTIME** 16:00
26th **FOR CHILDREN** to
November Falkirk Library, Falkirk, FK1 5AU 17:00

Thursday **MARAC REFERRALS MADE** 10:00
27th **EASY** to
November Online Event 11:30

Thursday **UNDERSTANDING FINANCIAL** 13:00
27th **ABUSE** to
November Online Event 15:00

Thursday **FALKIRK FOOTBALL CLUB** 18:00
27th **YOUTH ACADEMY WORKSHOP** to
November Youth Academy 19:00

Thursday **COMMUNITY EMPOWERMENT** 13:30
27th **TRAINING** to
November Ludgate House Resource Centre, Alloa 16:00

Friday **FAMILY FUN DAY** 10:00
28th St Francis Xavier's Church Hall, Hope to
November St, Falkirk FK1 5AT 13:00



Sign up on Eventbrite



Friday
28th
November

**CHALLENGING GENDER
STEREOTYPES IN EARLY YEARS**
Online Event

**13:00
to
14:30**

Sunday
30th
November

**FLASHMOB DANCE EVENT
(wear Orange if you can!)**
The Kelpies at The Helix, Falkirk, FK2 7ZT

**12:00
to
14:00**

Monday
1st
December

**GBV STORYTELLING SESSION
by MYRA ROSS**
Online or Falkirk Library, Falkirk, FK1 5AU

**10:00
to
13:00**

Monday
1st
December

**FALKIRK FOOTBALL CLUB
YOUTH ACADEMY WORKSHOP**
Youth Academy

**18:30
to
19:30**

Tuesday
2nd
December

**UNDERSTANDING PET ABUSE
IN DOMESTIC ABUSE**
Online

**14:00
to
15:30**

Tuesday
2nd
December

**FORTH VALLEY RAPE CRISIS
OPEN AFTERNOON**
22 Millar Place, Stirling, FK8 1XD

**13:00
to
16:00**



Sign up on Eventbrite



Wednesday
3rd
December

CAKE AND CRAFTING SESSION

Central Advocacy Partners, 27 West
Bridge Street, Falkirk, FK1 5RJ

**12:30
to
14:30**

Wednesday
3rd
December

**MYSOGYNY, MEDIA AND THE
MANOSPHERE**

Online Event

**14:00
to
16:00**

Wednesday
3rd
December

**COMMUNITY EMPOWERMENT
TRAINING**

Ludgate House Resource Centre, Alloa

**17:30
to
20:00**

Wednesday
3rd
December

**BEING A YOUNG PERSON IN
2025**

Denny High School (TBC), FK6 6EE

**18:00
to
20:00**

Thursday
4th
December

**WHITE RIBBON TRAIN
STATION EVENT**

Stirling Train Station

**09:00
to
15:00**

Thursday
4th
December

**MOTHERHOOD AND THE
SELLING OF SEX**

Online session

**10:00
to
11:30**



Sign up on Eventbrite



Thursday
4th
December

**DIGITAL VIOLENCE AGAINST
YOUNG WOMEN AND GIRLS**
Online Session

**14:00
to
15:30**

Thursday
4th
December

**16 DAYS ARTS EXHIBITION
LAUNCH (runs until 10th Dec)**
Get to Focus, 100 Mannor St, Falkirk

**16:00
to
18:00**

Friday
5th
December

MISOGYNY TRAINING
Online Session

**13:00
to
15:00**

Friday
5th
December

**THE BIG FEELINGS STORYTIME
FOR CHILDREN**
Meadowbank Library, Polmont, FK2 0GU

**16:00
to
17:00**

Sunday
7th
December

WELLBEING DAY
Get to Focus, 100 Mannor Street, Falkirk

**13:00
to
16:00**

Monday
8th
December

**FINANCIALLY INCLUDED
ROADSHOW**
Bowmar Community Centre, Alloa, FK10

**14:00
to
16:00**



Sign up on Eventbrite



Monday
8th
December

EXPLORING INTERSECTIONS OF VAWG AND SUBSTANCE USE

Online session

14:00
to
15:30

Tuesday
9th
December

DOMESTIC ABUSE AND RISK - HOMICIDE TIMELINE SESSION

Forth Valley College, Falkirk, FK2 9AD

12:00
to
14:30

Tuesday
9th
December

NON-FATAL STRANGULATION IN GENDER BASED VIOLENCE

Forth Valley College, Falkirk, FK2 9AD

15:00
to
16:00

Tuesday
9th
December

RESPONSE TO VAWG IN CRISIS AND MIGRATION

Online Session

10:00
to
11:30

Wednesday
10th
December

16 DAYS CELEBRATION AND LAUNCH OF GET TO FOCUS

Get to Focus, 100 Mannor St, Falkirk

14:30
to
16:30

Wednesday
10th
December

KELPIES LIGHT UP: A HUMAN RIGHTS DAY GATHERING

The Kelpies, Helix Park, Falkirk

18:00
to
19:30



Sign up on Eventbrite



As well as public events, we have a host of other activity going on in services and through digital media. Here are some things you can look forward to!

Falkirk survivors have taken part in producing a podcast that you can listen to here:

<https://safeandtogetherinstitute.com/partnered-with-a-survivor-podcast>

Arts Included in Stirling and Falkirk Soroptimists have run a series of banner making workshops in our communities, creating some great visuals for events!



A survivor from Equally Safe Falkirk has written a book about domestic abuse for children!



Clackmannanshire schools have created bold clothing designs tackling gender stereotypes, showcased in our exhibitions.

Inner Wheel, Stirling and District Women's Aid, CEA, Falkirk Soroptimists making craft projects including worry monsters and rock painting. If you see one of our rocks out walking in Stirling, share with us on #16Days



Sign up on Eventbrite





CONTACT INFORMATION

If you are looking for more information about an event or the 16 Days of Activism in Forth Valley, get in touch:

Sarah Finnegan

Sarah.Finnegan@falkirk.gov.uk

Courtney Rodgers

rodgersc@stirling.gov.uk



Sign up on Eventbrite

